

**The Heirloom Spa approach combines pure aromatic products with services that produce results. Your holistic spa experience is enhanced with touch and breathing techniques, selected specifically for you, that relax your body & mind and naturally activates the body's repair & recovery mechanisms.**

**Your spa therapist will design a treatment for you based on the Aveda Elemental Nature philosophy. All treatments are customized for you and are suitable for both men and women.**

## **Facial Care**

### **Self-Renewal Facial**

**\$135**

By investing more time for your facial treatment, you increase your skin's ability to recover. This expanded holistic treatment includes the entire body - from head to toe - for complete face & body rejuvenation, results & recovery. (90 min)

### **Elemental Nature Facial**

**\$105**

We address your skin care concerns in this relaxing & beneficial facial. Your treatment will include Stress Relieving Rituals with customized aroma and facial massage techniques particular to your needs. (60 min)

### **Pure Focus Facial**

**\$75**

30 minutes of dedication to your choice of skin exfoliation, face and neck massage, or corrective techniques for stressed skin. Best for busy people who need a quick fix!

### **Botanical Skin Resurfacing**

**\$135**

Our hands-on approach and the power of tourmaline smoothes skin texture, reduce the appearance of fine lines and diminish pore size while significantly increasing radiance. All with less irritation & inflammation than salon microdermabrasion. (60 min) \*\*\*Not recommended for sensitive skin conditions\*\*\*

### **Outer Peace Acne Relief**

**\$120**

This multifaceted approach to treating acne will help clear skin and diminish the appearance of irritation associated with blemishes. For best results, we recommend a series of 3 treatments paired with regular home care. (60 min)

## **Body Care**

### **Elemental Nature Back Treatment**

**\$95**

Perfect if you are having skin challenges on your back or for a special occasion. This treatment will focus on skin exfoliation, treatment to remove impurities and a back massage.

### **Caribbean Therapy™ Body Treatment**

**\$155**

A rejuvenating and nurturing hydrotherapy treatment that uses the healing touch and plant ingredients of the Caribbean to create inner calm and renew the body and senses. This treatment begins with a dry exfoliation, followed by a warm seaweed body masque to smooth and detoxify. A Vichy shower and an application of rich Crème complete this island inspired experience.

### **Customized Body Masque**

**\$135**

A dry exfoliation followed by an application of a warmed herbal mixture is applied to your entire body. You are then cocooned in warm blankets while you enjoy a relaxing scalp massage. A Vichy shower and application of customized hydrating lotion puts the finishing touch on this delectable treatment.

### **Rosemary Mint Awakening Body Wrap**

**\$120**

Renew body & mind with this stimulating and cooling dry body wrap. The treatment begins with an exfoliation and a moisturizing massage with Aveda's Rosemary Mint Body Lotion. After the body is wrapped, the essences of rosemary and peppermint will awaken your senses, while a scalp and foot massage balance the whole body.

## **Body Exfoliations**

Our exfoliation treatments remove dull, dry skin cells and encourage your skins natural cell renewal process.

Exfoliation also helps to improve circulation and the release of toxins. Your skin will be left feeling soft, moisturized and purified. All of these treatments include a refreshing Vichy shower

#### **Soothing Aqua Polish**

**\$135**

#### **Rosemary Mint Salt Glow**

**\$135**

#### **Caribbean Therapy™ Body Scrub**

**\$155**

#### **Walnut Scrub**

**\$100**

## **Treatment Enhancements**

Ask your spa therapist how you can personalize your facial, massage, or body treatment by adding on a mini-treatment with distinct benefits. Be sure to schedule your Treatment Enhancement when making your appointment

**Face and Décolleté Finish** **\$35**  
Vitamin therapy to soften the deeper lines of the face, neck and décolleté

**Skin Brightening** **\$35**  
Even skin tone with the power of nature. Specific treatment for dark pigmentation spots appearing on the skin.  
(Only available as a facial enhancement)

**Revitalizing Eye Treatment** As an add-on to a treatment - **\$25** As a stand alone treatment - **\$40**  
Acupressure and drainage massage relieve eyestrain. A chilled masque & herbal cotton compress will focus on diminishing fine lines, puffiness & dark circles

**Damage Remedy Hair & Scalp Renewal** **\$35**  
A potent sensory experience & intense repair for hair that begins with a scalp massage to increase circulation while targeting pressure points to release tension. Then your hair is treated with one of two intense repair formulas: Moisture Immersion, for up to 71% softer, smoother strands; or Strength Infusion, for up to 71% more resistance to combing breakage.

## Massage

**Relaxation & Deep Tissue**  
Relaxation & energy healing techniques along with customized essential oils help to reduce stress, increase circulation & leave you with a feeling of complete wellness.

<b>90 min</b>	Relaxation \$135	Deep Tissue \$155
<b>60 min</b>	Relaxation \$100	Deep Tissue \$120
<b>30 min</b>	Relaxation \$75	Deep Tissue \$85

**Fusion Stone Massage** **\$160**  
The nurturing heat & comforting weight from warmed stones immediately promotes a soothing sensation of relaxation & healing (90 min)

**Reflexology** **\$80**  
With all the stress and strain your feet experience, it's no wonder that reflexology sessions are such a healthy treat. Pressure is applied to specific points on your feet, stimulating the nerves, resulting in a total body relaxation. (45 min)

**Hydrotherm Floating Massage** **\$120**  
The Floating Massage is an experience in pure bliss. Performed on warm, water-filled pillows, this innovative treatment supports the back in perfect spinal alignment, while the soothing effect of heat promotes relaxation. You can have a full body massage without adjusting or turning. Ideal for expectant mothers. (60 min)

## Hand & Foot Care

Rejuvenating service for men and women. Includes maintenance and grooming of nails and cuticles. A relaxing massage makes this a necessary spa experience to bring your hands and feet into balance. Finish with a natural buffing or polish application.

**Manicure** **\$50**  
**Pedicure** **\$70**

Don't need it all? With assistance from our spa staff, choose a single area to focus on. (Ex. callus reduction, cuticle care)

**Pure Focus Manicure** **\$40**  
**Pure Focus Pedicure** **\$55**

Enhance your treatment

**Moisturizing Masque** **\$15**  
**French Polish** **\$15**

## Finishing Touches

Eyelash Tint \$25  
Eyebrow Tint \$20  
Lash Perm \$45  
Makeup Application \$45  
Makeup Lesson \$70  
Bridal Makeup \$75

## Hair Removal

Brow Shape \$20  
Lip or Chin \$15  
Half Arm \$25

Bikini	\$25+
Brazilian Bikini	\$50
Back or Chest	\$45+
Half Legs	\$35
Full Leg	\$55
Underarms	\$17

## Heirloom Spa Packages

### **A Day to Remember (5 hours) \$370**

Self-Renewal Facial  
 60 Minute Relaxation Massage  
 Manicure  
 Pedicure  
 Spa Lunch  
 Includes a Personal Blends Cleanser &  
 Moisturizer to take home

### **Escape to the Caribbean (3.5 hours) \$317**

Caribbean Therapy Body Scrub  
 Manicure with Caribbean Therapy  
 Pedicure with Caribbean Therapy  
 Includes a Caribbean Therapy Bath  
 Soak for relaxing at home

### **A Spa Retreat (3 hours) \$250**

Elemental Nature Back Treatment  
 Pedicure  
 60 Minute Relaxation Massage  
 Refreshing Bath Bar to take home

### **The Body Infusion (2 hours) \$239**

Aqua Polish  
 30 Minute Relaxation Massage  
 Conditioning Hair & Scalp Treatment  
 Take home Personal Blends Aqua  
 Therapy Salts

### **A Date with Serenity (3.5 hours) \$248**

Elemental Nature Facial  
 Pedicure  
 60 Minute Relaxation Massage

### **The Rosemary Mint Refresher (3 hours) \$233**

Rosemary Mint Awakening Body Wrap  
 Manicure  
 Pedicure  
 Rosemary Mint Bath Bar for home care

### **The Spa Sampler (3 hours) \$207**

Self - Renewal Facial  
 Mini - Manicure  
 Mini - Pedicure

### **Element of Relaxation (2 hours) \$167**

Elemental Nature Facial  
 30 Minute Relaxation Massage

Connecting Beauty, Environment,  
 and Well-Being

**Our focus at the Heirloom Spa is to provide relaxation and benefits to body, mind and spirit. The following information will help you enjoy your visit.**

**Reserve Your Appointment**

Upon scheduling your appointment, a credit card or gift certificate number is required.

**Arrival**

When you schedule your appointment, we will include time to enjoy our Aromatherapy Steam Bath. If you do not plan to use our Steam Room, please let us know when booking your appointment.

**Late Arrivals**

In consideration of other guests, we can offer you the time remaining on your treatment; but please understand we will need to work within the time that is remaining so as not to interfere with the next guest's reservation.

**Cancellation Policy**

We understand that sometimes it is necessary to change your schedule. We kindly ask that you give us 24 hours notice if you must cancel an appointment. If no notice is given, a fee of 50% of services booked will be charged. Gift Certificates will be reduced by half of the original value.

**Spa Attire**

Upon your arrival, you will be provided with a robe, sandals and a locker. Your privacy and comfort are of the utmost importance to us and our spa staff are trained in appropriate methods of draping.

**Spa Etiquette**

Our spa environment is one of tranquility and relaxation. Please try to walk and converse quietly while in the spa area. It is essential to make child care arrangements prior to your spa appointment so that you may enjoy it to it's fullest. In consideration of other guests, please have your cell phone turned off before entering the spa.

**Gratuities**

Gratuities of 15-20% are traditionally given in appreciation of service excellence.

**Gift Certificates Available**

~Spa prices & info may change at any time~

~Taxes & Gratuities not included in prices~

**The Heirloom Spa**

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**(250) 496-6808** or

**Toll Free: 1-866-617-1188**

We are open year-round. Please call for current hours as they vary each season.